

# NORTH YORKSHIRE COUNTY COUNCIL

## Young People Overview & Scrutiny Committee

21<sup>st</sup> July 2009

### Improving the health and well-being of young children

#### Cover Report

#### **1. Purpose of Report**

The purpose of this report is to put into context the agenda item 'Improving the health and well being of young children and to provide members with some background information.

#### **2. Introduction**

The Committee agreed to develop and theme their meetings and work programme to reflect in turn each of the *Every Children Matters* key outcomes, whilst retaining the flexibility to include other agenda topics and issues as and when they arise. The five outcomes *be healthy, stay safe, enjoy and achieve, make a positive contribution, achieve economic well-being* were identified by children and young people as being the most important to them.

The North Yorkshire Children and Young Peoples Plan (CYPP) (copies will be available for all new Members of the Committee) was developed by listening and involving young people, their parents and carers, and the staff who work on their behalf. The CYPP is organised around the five Every Child Matters outcomes and guides the planning, commissioning and delivery of services for children and young people in the county.

Developing and delivering services for young children involves a number of other organisations and the focus of today's meeting looks at the joint partnership working required to improve the health and well being of young children and falls within the 'Be Healthy' outcome.

The joint presentation by North Yorkshire and York Primary Care Trust (NYYPCT) and Officers of the Children and Young Peoples Service looks to provide members with an overview of the integrated working to ensure that young children have healthy weight and active lives, the support available for new parents whilst touching on those more vulnerable groups.

Members will hear how Children's Centres working in partnership look to meet the needs of vulnerable children and families, including the targeting of resources.

Childhood obesity has been raised at committee by Members in the past. They understand that this is a complex public health issue that is a growing threat to children's health and getting the first few years of a child's life right are crucial to their

development. Members will therefore be interested to learn about the practical support and help offered to parents to ensure that young children learn healthy habits.

## **6. Recommendations**

The Young People Overview and Scrutiny Committee are asked to note the information contained within this Covering Report

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Background Documents: NONE

ANNEXES: NONE



North

Yorkshire County Council

# IMPROVING THE HEALTH AND WELLBEING OF YOUNG CHILDREN

**NHS**

North Yorkshire and York

# Strategic Aim for Children

To provide care and education that gives children the best start in life to ensure:

- A healthy weight and active lives
- Support for maternal health and new parents
- A focus on the most vulnerable

# Presenters

- Jo Johnson- Children's Services Manager (North Yorks. and York NHS and CMHS)
- Amanda Crow- Children's Centre Manager and Acting Integrated Services Manager
- Debbie Bell – General Adviser Primary, Early Years
- Lynn Turner- Specialist Senior Educational Psychologist ( Early Years)

**WHAT ARE WE DOING  
TOGETHER AS A  
PARTNERSHIP?**

Working with Children's Centres in an integrated manner to meet needs of vulnerable children and families, including targeting of resources to the most vulnerable groups e.g. disabled children their families.

# Children's Centre Core Offer

- 30% areas
  - Integrated childcare and early education
  - Health services and family support
  - Specialist support for children with additional needs
  - Outreach workers
  - Activity to help parents into work
- 70% areas
  - Information for parents about childcare and children's services
  - Outreach to ensure families in need get appropriate support, particular focus on disadvantaged families
  - Often located on primary school sites
  - Drop in sessions
  - Levels of service will depend on the needs of the local community



# Partnership in Action Harrogate

- Children's Centre practitioners co-work health drop-ins at each Centre each week
- Midwives offer ante and post natal support at Bilton and Harrogate town weekly
- Speech and language drop-in once per month
- 'Minos' support group for mothers with post natal depression at Harrogate Town and North weekly

# Partnership in Action Harrogate

- Health visiting team looking to move from the health clinic to Harrogate North, joint office
- Monthly joint health and Children's Centre team meeting
- Planned new birth visits to all families-joint visits
- Incidental advice available for parents and staff
- Referral processes in place to support the most vulnerable
- Individual support for children with complex needs

- Work with refuges to address need
- Action planning in area liaison meetings which involves multi agency working and joint ownership of issues
- Working together in teenage pregnancy strategy meetings to action how we address this area, for example, Whitby Social Marketing Project
- Rolling out of the Baby Friendly Initiative
- Development of the Infant Feeding Strategy.

# **Finding solutions with parents/ carers**

- Integrated working: Children's Centre and Health practitioners supporting families through Common Assessments, ensuring children receive the support needed
- Solution focused approach that is inclusive and helps the family to address and work out ways to move forward

- Work with Healthy schools to develop integrated solutions to working together
- School nurses working with schools around developing obesity prevention strategies. (Healthy Weight, Active Lives Action Plan)

# Healthy schools and Private, Voluntary and Independent settings

- 78% of primary schools have already achieved the Healthy Schools Award
- Advice and funding available for PVI settings to develop challenging outdoor learning environments
- £10K for schools with nursery classes to develop outdoor access and provision

# Healthy schools and PVI settings

- Training and advice for schools and settings on provision of healthy and nutritious foods
- Roll out of Social and Emotional Aspects of Development programme to all Early Years Foundation Stage settings
- Comprehensive programme of professional development for all EYFS practitioners

# Children With Complex Needs

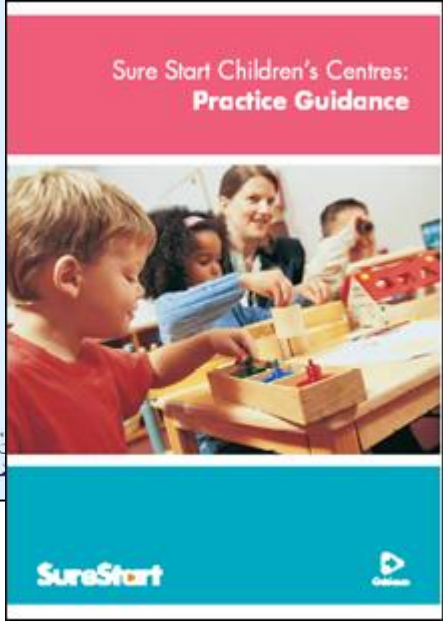
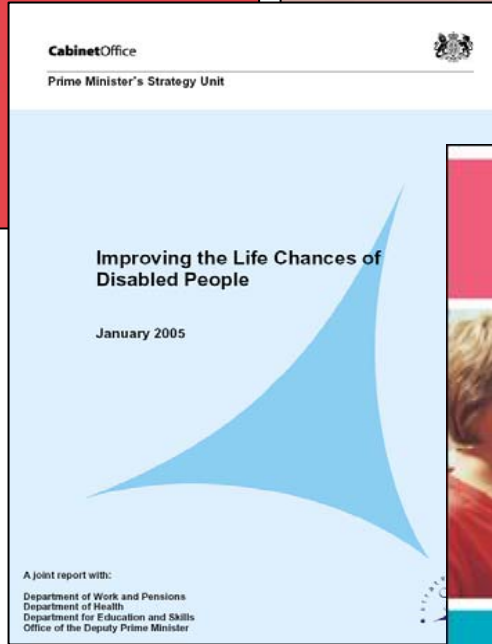
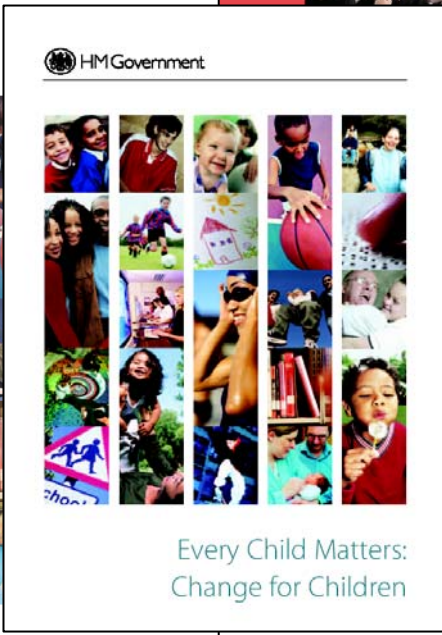
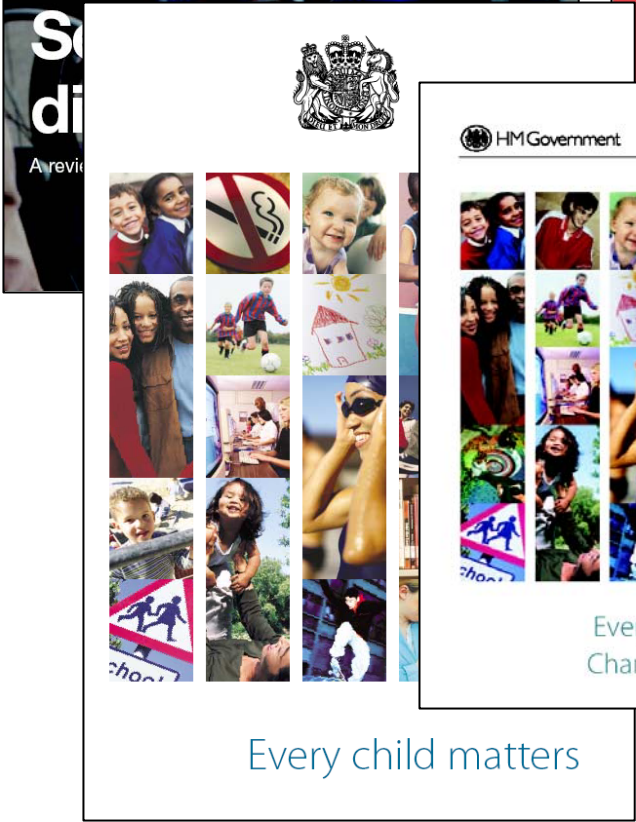
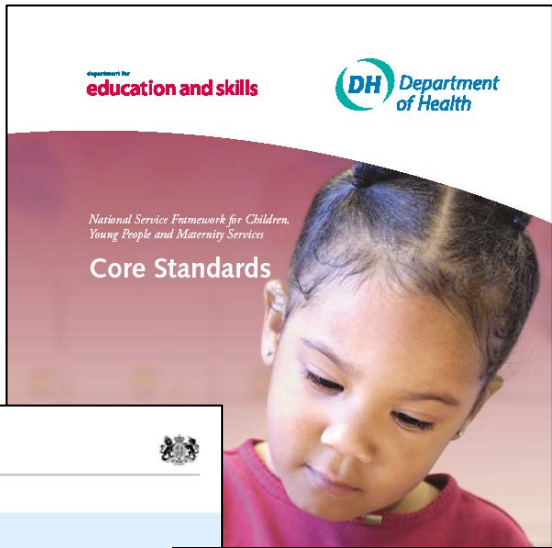
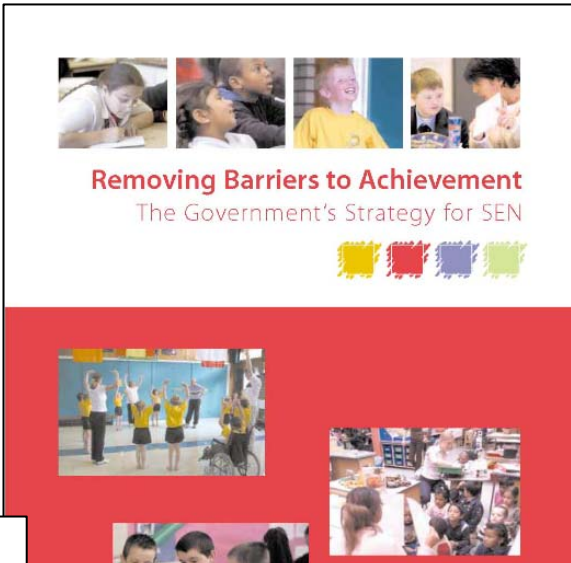
- Of children with complex needs and technology dependent, increase the number being discharged into the community
- Health working with other agencies to improve co-ordination of personalised packages of care





# Early Support

- Early Support is the identified central government mechanism to achieve better coordinated, multi-agency assessment and service provision for disabled children 0-5 and their families
- It facilitates the achievement of objectives identified by all current policy initiatives for this population and suggests ways of working which may have wider application



Every child matters



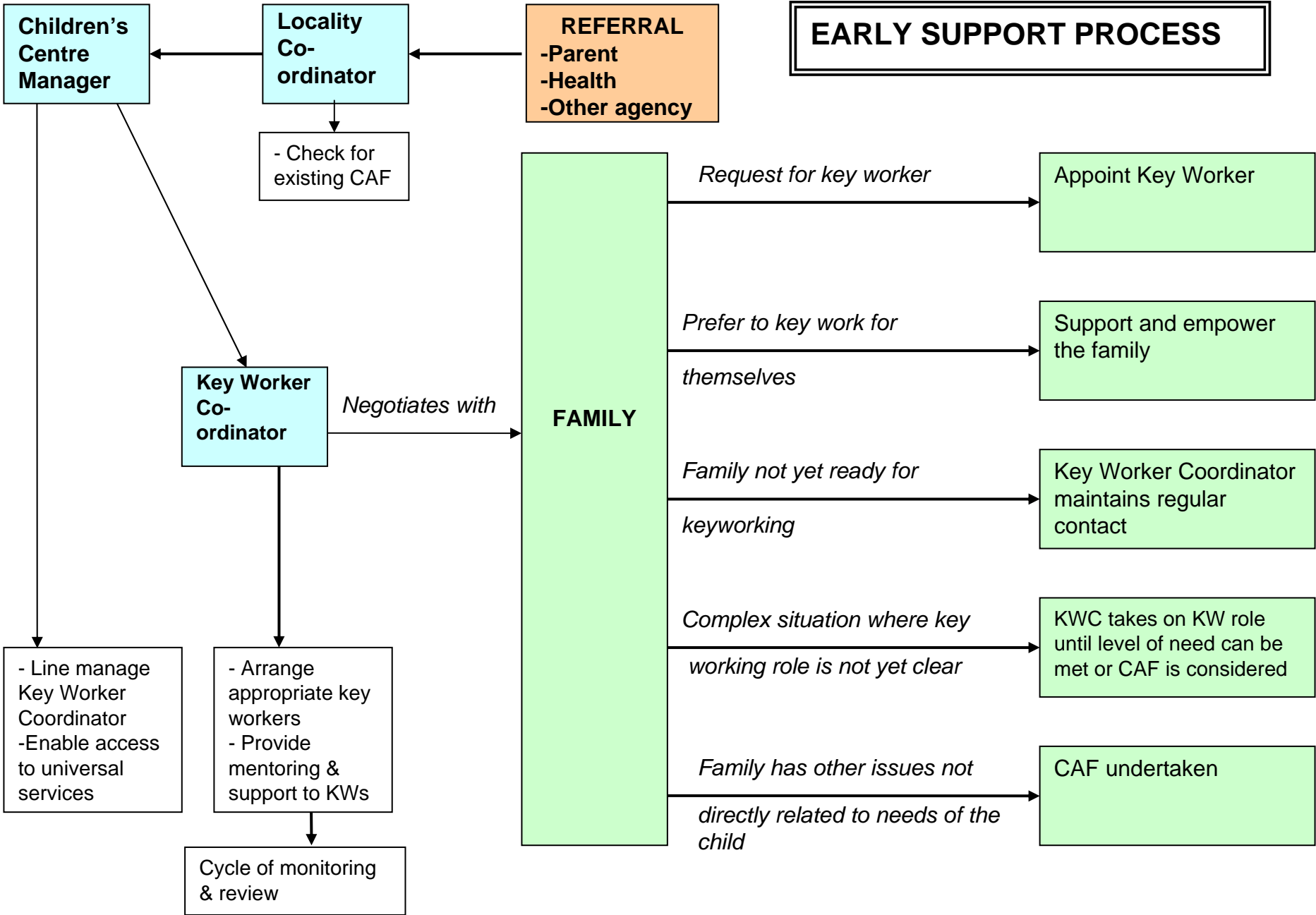
# Current NYCC Referral Criteria

All children to be referred for an Early Support Key Worker must fulfil all of the following criteria:

- Age: Birth to five
- Child has complex and/or multiple health, social or educational needs
- Child must receive, be eligible to receive, or be about to receive specialist care from 3 or more services (from any agency)

***It is an approach that puts the child and family at the centre***

# EARLY SUPPORT PROCESS



**REFERRAL**  
-Parent  
-Health  
-Other agency

**Locality Co-ordinator**

**Children's Centre Manager**

- Check for existing CAF

**Key Worker Co-ordinator**

*Negotiates with*

**FAMILY**

*Request for key worker*

Appoint Key Worker

*Prefer to key work for themselves*

Support and empower the family

*Family not yet ready for keyworking*

Key Worker Coordinator maintains regular contact

*Complex situation where key working role is not yet clear*

KWC takes on KW role until level of need can be met or CAF is considered

*Family has other issues not directly related to needs of the child*

CAF undertaken

- Line manage Key Worker Coordinator  
- Enable access to universal services

- Arrange appropriate key workers  
- Provide mentoring & support to KWs

Cycle of monitoring & review

# **Recommendations from Child Health Strategy (2009) and Children and Young People's Plan**

- Take account of the views of children and young people and their parents/carers
- Strong local partnerships with joint Leadership Between PCTs and LAs
- Effective needs assessments engaging young people and families.

# Recommendations (continued)

- Clear, transparent local plans jointly owned CYPP and LAs
- More integrated approaches to accessing information and advice, assessment, service provision, policies and procedures
- Collectively meeting the challenge to reach the most vulnerable children, families and localities

***ANY QUESTIONS?***